

Subtle Signs and Symptoms of Illness and Injury

Developmental Disabilities Support Division

Resource Packet G Resources *Brochures*

Required for:
RN, LPN, SLP, PT, OT, BSC,
and
Optional for RD/LD/LN and Other

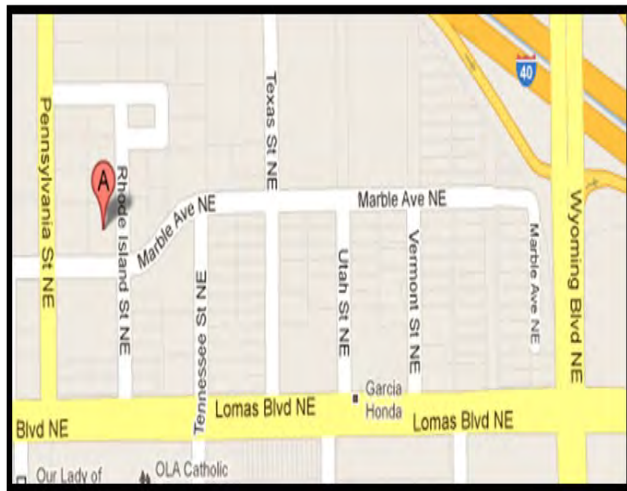


For information or to schedule an appointment at the Adult SAFE Clinic, contact
Kotie Viljoen PhD, MSN-Ed, RN, CCRN
1-505- 841-6188 or
1-800-283-5548 or
jacoba.viljoen@state.nm.us
Fax: (505)-841-2987

For assistance on the day of your appointment please call 954 726 7420.

The SAFE Clinic is located at
7905 Marble Avenue
Albuquerque NM 87110
in the Department of Health (DOH) Dental and Seating Clinic building.

From Lomas, take Pennsylvania north for one block, turn right on Marble. You will see the parking lot and DOH Clinic signs. Handicapped parking is available.



The SAFE Clinic
7905 Marble Avenue
Albuquerque NM 87110



The Supports and Assessment for Feeding and Eating Clinic (*SAFE*) for Adults



Developmental Disabilities
Supports Division (*DDSD*)
Clinical Services Bureau (*CSB*)
October 2015/ revised 2020

What is the Adult SAFE Clinic?

Do you know an adult with intellectual and developmental disabilities (I/DD) who is experiencing challenges related to oral eating and or tube feeding? The SAFE clinic team of experts provides *free* eating/feeding, nutritional and associated medical assessments with recommendations to support health, safety and independence. This clinic focuses on aspiration risk management support and development of specific strategies to assist with:

- Oral-motor function and swallowing
- Positioning
- Nutrition and overall health.

Who we Serve?

We welcome adults with I/DD who have difficulty managing any of the following:

- Aspiration risk
- Gastroesophageal reflux (GERD)
- Oral-motor function
- Swallowing
- Positioning for health & safety during intake
- Tube feeding
- Transitioning from tube feeding to oral eating or oral to tube feeding
- Sensory issues
- Chewing
- Drinking liquids
- Risky eating behaviors
- Self-feeding
- Undesirable weight
- Menu planning
- Supportive eating and drinking dishes, cups and utensils

Services:

The SAFE Clinic Provides:

- Assessment from an expert clinical team.
- Nutritional consultation
- Positioning guidance
- Technical assistance for the comprehensive aspiration risk management plan (CARMP) development.
- Medical evaluation and consultation.
- Assistance of the DD Waiver IDT in locating appropriate community resources for the direct treatment, adaptive equipment and follow-up services.
- A personalized recording depicting feeding techniques specific for the client.
- Detailed written report of the assessment with recommendations.
- Technical assistance, support and continuing education for professionals.

Who can Refer?

It is as Simple as a Phone Call

Phone call referrals can be made to the SAFE program by:

- Family members
- Nutritionists
- Physicians and nurses
- Physical therapists and occupational therapists
- Speech and language pathologists
- Behavior support consultants
- Teachers
- Direct support personnel (DSP)
- Residential support staff
- Case managers
- Guardians
- Self-referrals/individuals with I/DD

How Does it Work?

A phone call referral made to the SAFE Clinic intake nurse is all it takes. Tel # 1-505-841-6188

- The individual's IDT will be invited to schedule a clinic-based collaborative assessment with the SAFE Clinic team.
- Throughout the assessment, the IDT, family members or DSP will be present and collaborating with the SAFE Clinic team.
- A follow-up consultation maybe arranged within one to six months of the assessment if requested.
- This is a *free* service.

Training & Technical Assistance:

- Pre-service education for undergraduate and graduate students regarding eating and aspiration risk management with a focus on health, safety and independence for adults with I/DD.
- Technical assistance to DD Waiver IDT's regarding collaborative assessment techniques and strategies for intervention.

Children from birth to age 17 continue to be served by the Pediatric SAFE clinic at the Center for Development and Disability (CDD) at 2300 Menaul NE, Albuquerque NM 87107.

Please call 1-505-272-3000 for information about an appointment for your child.

**Located in
Albuquerque!**

Specialty Seating Clinic

CARF Accredited



Mary Beth
Schubauer,
PT, PhD,
ATP

Scott
Hubbard,
MPT



Custom Molded Seating Systems and other specialized equipment

Custom Molded Seating Systems (CMSS)

Custom Upholstery

Custom-made, reinforced supports

Pressure Mapping

Padded Belts

Trunk Supports

Head Rests

Foot Boxes

Lap Tray Adaptations

Adaptive/Assistive Technology Referrals

Bed Rail Pads

Other custom supports for daily living

Consultations & Evaluations

***We do whatever it takes
to make YOU comfortable!***

**7905 Marble NE
Albuquerque, NM 87110**

Phone: 505-222-4610

Fax: 505-232-5724

**Located at the Dental Clinic Building
(East of Pennsylvania, North of Lomas)**



NMDOH

NEW MEXICO DEPARTMENT OF HEALTH

505-222-4610



Continuum of Care

**ADULT
CEREBRAL PALSY
CLINIC**



A Multidisciplinary Consultative Clinic
Serving Adults with Cerebral Palsy and
Related Neuro-Developmental Motor
Disorders



**ADULT CEREBRAL
PALSY (CP)
CLINIC**

For more information please contact:



Vera Asplund, RN

(505) 925- 2386

Toll free: 1-877-684-5259

Our website is:

<http://coc.unm.edu/>

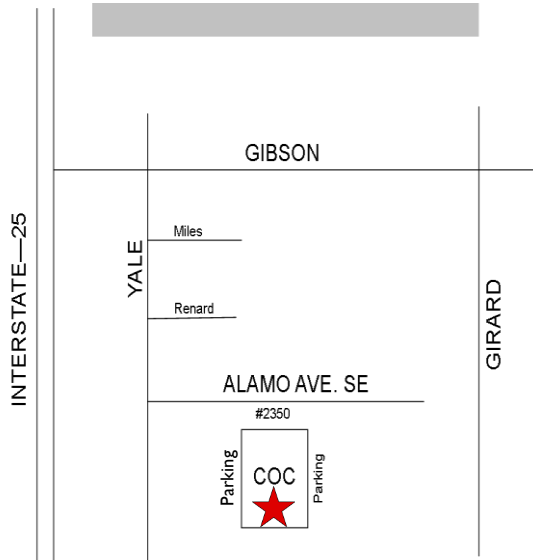
Our Mission

The mission of **Continuum of Care** is to improve and sustain the quality of health and healthcare for all people with intellectual and/or developmental disabilities in New Mexico.

Adult Cerebral Palsy Clinic
offers supports with expertise

in:

- Family Medicine ■ Neurology
- Disability Consulting
- Systems Advocacy ■ Nursing
- Spasticity Management



Continuum of Care Project

2350 Alamo Ave. SE, Suite 160

Albuquerque, NM 87106

Office: (505) 925-2378

Fax: (505) 925-2391

Toll free: 1-877-684-5259



Adult Cerebral Palsy Clinic

What is the Adult CP Clinic?

Life's issues change with age and people with Cerebral Palsy (CP) often benefit from a comprehensive approach to medical care that is sensitive to these changing needs.

The Adult CP Clinic uses a team approach to support patients and their families at any age.



What Services are provided by the Adult CP Clinic?

The Adult CP team can offer comprehensive evaluations that may include psychosocial assessments, neurological examinations, attention to medical issues (including sexuality and women's health issues), accessing services and supports as necessary.

Appointments typically last about 1 hour. To reduce wait time, please bring your insurance cards and confirm that all the necessary documents have been signed and submitted to the Adult CP Clinic personnel.

How to Schedule an Appointment:

To make an appointment call Vera Asplund, RN with the **Continuum of Care**/Specialty Clinics at 505-925-2386 or 1-877-684-5259 (toll free).

Keep in mind that some insurance companies may require a referral by the primary care physician prior to the appointment date.

The Adult CP Clinic is held on the 3rd Thursday* of the month, from 8 a.m. to 12 p.m. at



Continuum of Care (CoC)

2350 Alamo Avenue, SE

Suite 160

Albuquerque, NM 87106

Pre-Appointment Packets must be completed and returned before an appointment can be scheduled.

Please mail packets to CoC or fax to:
(505) 925-2391

(* Additional clinics may be offered)

Meet Our Team:

John Phillips, MD is a UNM Neurologist who also specializes in the care of children and adults with developmental disabilities. He has specific expertise in spasticity management with active research in rehabilitation for patients with cerebral palsy and traumatic brain injury.

Toni Benton, MD is an Associate Professor in the UNM Department of Family and Community Medicine and is the Medical Director of TEASC (Transdisciplinary Evaluation and Support Clinic). She has worked numerous years specializing in the care of adults and children with intellectual and developmental disabilities (I/DD) and related chronic conditions.

Vera Asplund, RN is the RN Case Manager with CoC and is in charge of the scheduling and management of the Adult CP Clinic. She has many years of experience in the field of I/DD. Vera coordinates and provides educational opportunities for I/DD nurses in NM and has participated in the Adult Special Needs Clinic. She is a member of and secretary for the NMDDNA.

Ingrid Nelson, MS is a Senior Program Manager with CoC who has worked for several years with the DD Waiver Program as a mediator and trainer. She offers supports to patients and teams through her knowledge of systems and service coordination.

TEASC

Transdisciplinary Evaluation and Support Clinic

Consultation Services for Adults with Developmental Disabilities

How Are Referrals Made?

TEASC can be contacted for an evaluation by telephone or written request. After an initial screening, TEASC staff and the referring party discuss options which may include:

- Directing the individual to community resources
- Requesting additional background information
- Scheduling an evaluation date

TEASC Team Members

**Toni Benton, MD.....Medical Director,
Family Medicine**

Ariel Scott, MDFamily Medicine

May Goldenberg, PA-C.....Physician Assistant

Helene Silverblatt, MD.....Psychiatrist

Gail Thaler, MD.....Psychiatrist

Martin Gonzales, MD.....Psychiatrist

John Phillips, MD.....Neurologist

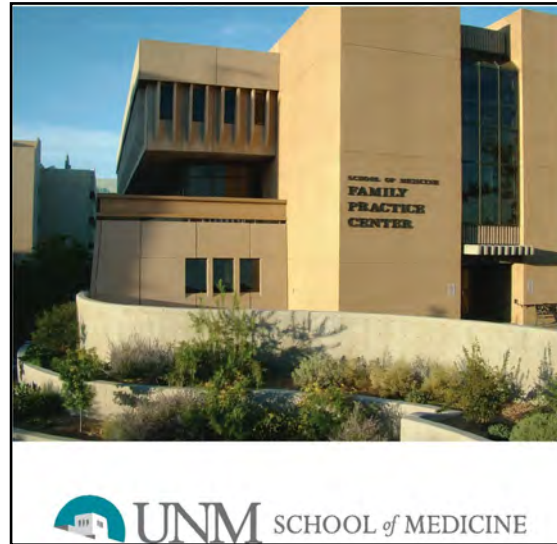
Helen “Bonnie” Priest, RN...Nurse Manager

Elizabeth Donsbach, BA...Senior Program Manager

**Michelle Marek, MBA, MA, LMHC....Program
Coordinator**

Patricia Beery MA.....Senior Program Therapist

Ryan Deane.....Admin Assistant



Contact Us:

Transdisciplinary Evaluation and Support
Clinic

University of New Mexico School of Medicine
Department of Family & Community Medicine
MSC 09 5040

Albuquerque, NM 87131-0001

Phone: (505) 272-5158 or 272-2579

Fax: (505) 272-5149

**Front Cover: Angela Harrison
Apprentice Artist, VSA North Fourth Street Art Center,
Albuquerque, NM
Untitled, Acrylic on paper, 29.5” x 23”**



University of New Mexico School of Medicine
Department of Family & Community Medicine
MSC 09-5040 • 2400 Tucker Avenue NE
Albuquerque, NM 87131-0001

Phone: (505) 272-5158

Fax: (505) 272-5149

edonsbach@salud.unm.edu

What is TEASC?

- funded by the New Mexico Department of Health/Developmental Disabilities Supports Division Consultative team includes:
- family practice providers,
- psychiatrists,
- experts in social services/health care systems



Who Is Eligible for a TEASC Evaluation?

- Any adult or older teen with a intellectual/developmental disability (I/DD)
- living in New Mexico, or their family, provider, or advocate may request a TEASC evaluation or consultation.
- TEASC services are provided at no cost to the individual.

Who Does TEASC Serve?

- TEASC offers in-home and clinic-based consultation to adults who have I/DD and complex medical, mental health, and support system needs.
- TEASC assistance does not replace the direct care provided by the client's primary care doctor, psychiatrist, therapist, interdisciplinary team, or other care givers.
- Developmental disabilities are those diagnosed before the age of 22 and include:
 - cerebral palsy
 - autism
 - genetic syndromes
 - cognitive disability
 - Intellectual and functional impairments that reduce the ability to perform independent living skills
- Individuals who have I/DD live diverse and interesting lives: they have families and friends, get married, enjoy sports, art, music, dancing, and hold jobs.
- Individuals with I/DD may need help from many types of professional and community supporters, such as: case manager(s), behavioral support consultants, physical, occupational and speech therapists, nurses and direct care providers.

What Does TEASC Do?

- Adult Special Needs Clinic: Provides comprehensive multidisciplinary evaluations at the University of New Mexico Family Medicine Clinic
- TEASC Evaluation: Comprehensive multidisciplinary evaluations in the community where the person lives. These are done in the home, workplace or other location determined by the person's needs and wishes
- Outreach Clinics: Multidisciplinary evaluations, teaching and support for the primary care provider or psychiatrist at local community clinics
- Comprehensive reporting of evaluation findings and recommendations
- Developmental Disabilities/Mental Illness (DDMI) Outreach to psychiatrists in clinical sites throughout New Mexico
- Teaching and training for medical students and residents, as well as trainees in other disciplines such as nursing, pharmacy, neuropsychology, dental hygiene, occupational therapy, speech/language pathology, and physical therapy
- Training for community providers
- Research and program assessment



CRISIS PREVENTION

Crisis prevention support aims to decrease or prevent the risk for a person to experience a crisis situation and continue to live the highest quality of life possible in his/her community.

This support is tailored to the person and his/her situation and may include the following assistance:

- An In-Depth Assessment
- Inter-disciplinary Team (IDT) Meeting Attendance
- Technical Assistance
- Training
- Behavioral Support Consultation
- Positive Behavior Support Review
- Behavioral Crisis Intervention Plan
- Other Behavioral Plan Review & Assistance
- Preliminary Risk Screening Consultation & Referral
- Referral to Other Community Resources

CRISIS INTERVENTION

The BBS will provide support tailored to the specific need for relief, support, and/or protection for the person and their network of support during a crisis situation.

SUPPORTS

Support is available in the following ways:

- **TRAINING**
For Family, Team & Providers
- **MENTORING**
IDT Meeting Attendance
Behavioral Support Consultation
- **TECHNICAL ASSISTANCE**
Positive Behavior Support
Behavior Plan Review/Assessment
- **REFERRALS**
Specific Needs
University of New Mexico TEASC
Preliminary Risk Screening
- **FOLLOW-UP**
Post Crisis

CRISIS RESPONSE TEAM

The Crisis Response Team (CRT) can include any combination of the following according to region:

- BBS Regional Crisis Specialist
- BBS Regional Behavioral Specialist
- BBS Statewide Crisis Coordinator/Administrator
- BBS Statewide Training Coordinator
- BBS Clinical Director
- BBS Bureau Chief
- BBS Consultant
- DDS Regional Staff



TRAINING

For Family, Team & Providers

BBS offers a variety of educational training, which are designed to address and manage crisis situations.

- Person Specific Planning & Crisis Prevention
- Positive Behavior Support
- Human Rights Committee
- Sexuality
- Neuropsychological Disorders
- De-Escalation
- Other trainings that address specific issues for a person or recommended by BBS

TECHNICAL ASSISTANCE

Technical assistance may be provided by the Bureau of Behavioral Support and enhanced with the support and expertise of the DDS Regional Office. Technical assistance is customized to the individual and his/her specific crisis situation.

LEVELS OF RESPONSE

There are three levels of response implemented by the CRT for crisis prevention and intervention.

Tier I

The Crisis Response Team offers training and technical assistance to the provider agency so they can best support an individual.

Tier II

The Crisis Response Team provides on-site support and mentoring to the direct support personnel (DSP) who are responsible for the care of an individual. *This includes Tier I activities as needed.*

Tier III

The BBS identifies a crisis provider agency for the direct provision of crisis support services for an individual, either at the individual's home or other residential settings. *This includes Tier I and Tier II activities as needed.*

POST CRISIS ACTIVITIES

These activities are addressed in Debriefing Meetings:

- A Clear Account of the Incident/Crisis
- Antecedents
- Positive Behavior Supports Assessment/Plan
- Actions Taken
- Crisis Response
- Recommendations
- Assigned Agency/DSP Follow-Up
- Other Relevant Information between the Crisis Response Team and provider agencies.

CONTACT US

During Business Hours

A Crisis/Behavioral Specialist will assist you.

Metro Region

505.841.5500/ 800.283.5548

Northeast Region

575.758.5934/ 866.315.7123

Northwest Region

505.863.9937/ 866.862.0448

Southeast Region

575.624.6100/ 866.895.9138

Southwest Region

575.528.5180/ 866.742.5226

After Hours & Weekends

CRISIS LINE

505.250.4292



The Bureau of Behavioral Support will take the lead in developing system capacity to establish, increased, effective positive behavior support services; strengthened provider capacity to identify, prevent and/or minimize emergent crises.

Bureau of Behavioral Support

Developmental Disabilities Supports Division

5301 Central Ave. NE, Ste. 1700

Albuquerque, NM 87108



BUREAU OF BEHAVIORAL SUPPORT

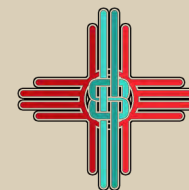
NEW MEXICO
DEPARTMENT OF
HEALTH

CRISIS RESPONSE SERVICES



The Bureau of Behavioral Support (BBS) provides statewide crisis support and assistance to people with intellectual and/or developmental disabilities, their families, team, or support-providers when a person is in a crisis situation affecting health, safety, or community involvement.

Crisis Prevention and **Crisis Intervention** services are provided to help support and stabilize a person's behavioral or medical condition in collaboration with the individual's network of support.



Bureau of Behavioral Support

Developmental Disabilities Supports Division
New Mexico Department of Health



of Care

*Our logo was developed by artist
Steven Stubblefield. He adapted the symbol
for infinity, gave it a southwestern flavor
and wrapped it around a universe.*

*We see it as emblematic of
the comprehensive encompassing care
that is the mission of the
Continuum of Care project*

**How you can access
these services:**

You can call directly in the
Albuquerque area at
505-925-2350
or toll-free at
1-877-684-5259.

You can find our website at
<https://coc.unm.edu/>

We are funded by the
New Mexico Department of Health
and are part of the
University of New Mexico
Health Sciences Center.

Our offices are located at:
2350 Alamo Ave. SE Suite 155
Albuquerque, NM 87106



Continuum of Care

*serving
people
with intellectual/
developmental
disabilities
and
related
chronic
illness*



Continuum of Care

Sponsored by
The New Mexico Department of Health
Developmental Disabilities Supports Division

In Collaboration with
The University of New Mexico
School of Medicine

Continuum of Care



Our Mission

The mission of the **Continuum of Care** is to improve and sustain the quality of health and healthcare for all people with intellectual and/or developmental disabilities (I/DD) in New Mexico.

Goals:

- We positively impact the health of people with I/DD through advocacy, trainings, clinical services, policy reviews, and policy recommendations
- We contribute to improving the quality of healthcare through clinical consultations and teaching of clinical services
- We support ongoing improvements in the field by evaluating our efforts, incorporating new findings into our trainings and services, developing new research, and sharing our findings.



What this project offers:

- Consultation with experts
- Continuing medical education
- Access to relevant research
- Networking opportunities
- Information and referral
- Educational opportunities and materials
- Wheelchair Accessible Scale
- Specialty clinics:

Adult Cerebral Palsy Clinic
Adult Cerebral Palsy Ortho Clinic
Adult Neurology Clinic
Ketogenic Diet Clinic
DDMI Clinic
Special Needs Clinic with TEASC



It is estimated that 32,000 people in New Mexico have I/DD. The range of these disabilities varies greatly. People with these disabilities often encounter more challenges than others in the way health care is delivered to them, how they access it, and the level of support services they need to stay healthy within the community.

The **Continuum of Care** grew out of the idea that health care services should be available and delivered in a comprehensive and coordinated manner from infancy through adulthood, assuring people with disabilities have access to a full array of health services from a multi-disciplinary approach.

We promote health care professionals becoming more knowledgeable and competent in supporting those with I/DD, and in delivering services in a culturally sensitive way which respects individuals' preferences, honors personal values and promotes quality of life.

Continuum
of Care



Continuum of Care

Who We Are:

Continuum of Care:

A project funded by NM Department of Health Developmental Disabilities Supports Division to improve and sustain the quality of health and healthcare for all people with intellectual and/or developmental disabilities (I/DD) in New Mexico.

DDMI Clinics



Jason Buckles, PhD, LPCC
Director, DDMI

For more information, please contact:

Eula Michaels, Administrator
(505) 925-2350
(877) 684-5259



DDMI Clinics

An outreach collaboration

Access to multidisciplinary visiting team that works with local practitioners





How DDMI began

The DDMI clinics originated in Taos, NM in collaboration with Tri-County Community Services and Los Angelitos y Ensueños (formerly the Taos ARC). From these meetings, a psycho-social day program was developed to address the psychiatric recovery for people with intellectual and/or developmental disabilities. (I/DD).

Collaboration between DDSD, UNM (CoC, TEASC), MCOs reviewed funding barriers and developed opportunities, addressing challenges in each community. The intent is to develop ongoing supports for people with I/DD in their local communities to get the services they need.

Our Clinical Sites

- ◆ Farmington
- ◆ Las Cruces
- ◆ Roswell
- ◆ Shiprock
- ◆ Silver City
- ◆ Taos

Could be you.....

- * Holistic assessment of behavioral communication by people with I/DD
- * Team participation increases meaning and education for all who are involved
- * Every 2-6 months, depending upon circumstances and needs
- * Can be requested by client, team, provider, regional support staff



Using Tele-health

Tele-health allows the delivery of specialized consultations across distances. Using communication equipment, networks and information technology we are able to provide assessments, treatment and support to individuals who have co-occurring I/DD and mental illnesses (DDMI) throughout the state in conjunction with their primary care provider, team, and/or their regional behavior support consultants. We schedule meetings at times between face-to-face meetings, and when an assessment is needed urgently. The clinician at the distant site retains all records.

Contact Us:

Continuum of Care

2350 Alamo Ave, SE Suite 155
Albuquerque, NM 87106
(505) 925-2350
Fax: (505) 925-2389

<https://coc.unm.edu/>



Wheelchair Accessible Scale

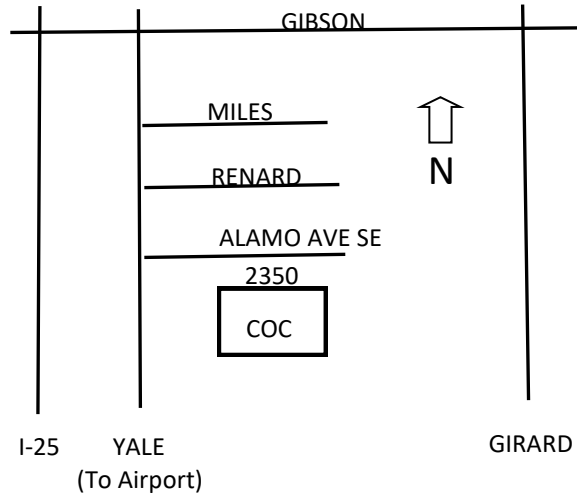


Benefits

- It's free
- It's easy to make an appointment to be weighed
- It's accurate. We can weigh the wheelchair separately* to give an accurate net weight. However, the scale can be used by anyone, not just people who use a wheelchair.
- We keep records of your weight. We also give you a record of your weight after each visit.
- It's convenient. Our offices are accessible and our appointments can fit your schedule.
- It's informative. Weekly weights provide important information about general health, fluid balance, and are a useful tool in a weight-loss program.
- The **Continuum of Care** staff is very friendly and knowledgeable

* Individuals must come with adequate staffing to assist with transferring the individual out of the wheelchair and onto an exam bed so that the wheelchair can be weighed.

About Us



Continuum of Care

The University of New Mexico
Health Sciences Center

2350 Alamo Ave. SE, Suite 160
Albuquerque, NM 87106

Office: (505) 925-2378

Fax: (505) 925-2391

Toll free: 1-877-684-5259

<https://coc.unm.edu/>

Our Mission

The mission of Continuum of Care is to improve and sustain the quality of health and healthcare for all people with intellectual and/or developmental disabilities (I/DD) in New Mexico.

The Wheelchair Accessible Scale at UNM Continuum of Care

You need to make an appointment to be weighed*

For Appointments



Call Alfreda Begaye

Clinical Coordinator

Office: (505) 925-2378

Fax: (505) 925-2391

Toll-free: (877) 684-5259

*Our availability varies from day to day and week to week. Continuum of Care staff is not always available to weigh walk-ins. Hence, an appointment is necessary.



About the scale

One of the many ways the [Continuum of Care](#) serves the community is by providing the community with a wheelchair accessible scale. Any adult with intellectual and/or developmental disabilities (I/DD) who would like to be weighed can make an appointment and have their weight taken on a wheelchair accessible scale.



Our Scale is accessible

- Located on the first floor
- Free accessible parking is available near the building's entrance
- Concrete ramps on both east and west sides of the building
- Automatic doors on both the east and west sides of the building
- Automatic door switches to enter our offices/clinics